Rick Campbell

Heart of Dependent Arising

My wife is rolled into surgery and as the drugs wash over her she tries to remember her Medicine Buddha meditation.

Her heart is still at the center of her chest, the lotus flower still eight-petalled and white.

The Healing Buddha, though his light's still blue, has begun to float off his moon disc. The icons that surround him: Actualized Wisdom, Simultaneous Wealth are only colors now. But Peacock's Throat, she remembers. Remembers too blissful, radiant light.

I figure this is enough to let her go with the nurses to the hands and scalpel of her Georgia gynecologist who yesterday told us that the ovary is the size of a pecan. I am left to sit in the cafeteria with pager 209—that will flash and beep when her doctor wants me.

We go for refuge to the Buddha. We go for refuge to the empty clarity of our minds. She prays too to the Virgin, but skips in the hour of our death.

I have echoed our doctor's mantra that this surgery is routine, a quick in and out. But nothing to the terminally nervous is routine, anesthesia's 2 % death rate looms in her thoughts.

She dislikes hospital staff's blanket reassurances and rolls to surgery with yak bone mala twisted in her right hand,

her Immaculate Heart of Mary scapula wrapped around her wrist. My pager blinks every three seconds like a slowed heart beat,

and I wait in the secular world I've made for myself through subtraction, through sloughing off catechism, prayer, Jesus, God, the saints and archangels.

I've nothing left but sin and hope.
A resolute faith in whom and what I love.
Many paths in a wood.
Many shafts of light.